

The mystery of human behaviour

Start date 13 July 2019 **End date** 13 July 2019

Venue Maddingley Hall
Maddingley
Cambridge

Tutor Dr Peter Leadbetter **Course code** 1819NDX045

**Director of International
Summer Programmes and
Lifelong Learning** Sarah Ormrod

**For further information on this
course, please contact** HoACA, Lifelong Learning, Zara Kuckelhaus
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To book See: www.ice.cam.ac.uk or telephone 01223 746262

Tutor biography

Peter is a Chartered Psychologist & Senior Lecturer in Medical Education at Edge Hill University. He leads a number of undergraduate and postgraduate modules/courses in Applied Health & Social Care (& Medical Education) including Psycho-social aspects of Health Behaviour, Individual Differences & Early Interventions in Child & Adolescent Mental Health & Wellbeing, Research Methods, Inequalities & Health, International Health & Health Psychology. He is also currently the Faculty Postgraduate Research Student Training lead and Senior Fellow for Teaching & Learning. He is also a panel tutor in Psychology at the Institute of Continuing Education (University of Cambridge) delivering short courses in human behaviour and health.

Peter is a Fellow of the Higher Education Academy (HEA) and winner of the student lead teaching awards at Edge Hill University in 2015 (personal tutor category) and 2016 (lecturer category). In class, Peter actively encourages collaboration by incorporating a mix of media tools and "drawing on" the unique (and diverse) experiences of students.

His research interests are in clinical communication, human behaviour, attachment theory and emotional aspects of learning. Peter previously worked as a Research fellow at the University of Liverpool (School of Medical Education). His previous experience involved working in education with disadvantaged young people and asylum seekers in the UK, the USA and Australia.

Qualifications:

- PhD, University of Liverpool
- PGTHCE, Edge Hill University
- MEd (Psychology of Education), University of Manchester
- BA (Sociology), University of Queensland
- BHMS (Human Movement Studies), University of Queensland

Course programme

09:30	Terrace bar open for pre-course tea/coffee
10:00 – 11:15	Foundations of psychology: what we know about human behaviour
11:15	Coffee
11:45 – 13:00	How we make sense of our world and interact with each other
13:00	Lunch
14:00 – 15:15	The psychology of individual differences: how we know and measure our individuality
15:15	Tea
15:30 – 16:45	Applying psychology to everyday life and behaviour
16:45	Day-school ends

Course syllabus

Aims:

1. To promote and understanding of the key perspectives, concepts and terms used in psychology including behaviourism
2. To examine and interpret the evidence base related to individual differences in human behaviour
3. To evaluate and apply psychological principals to behaviour in every-day life

Content:

The ability to understand human behaviour underpins the discipline of psychology, and if we can increase our understanding of why people behave in the way that they do, we can develop a flexible range of responses for dealing with different behaviours (Torn & Greasley, 2016). This course aims to shed light on the diversity of behaviours by understanding what we know about human behaviour encountered in everyday life. The first session will introduce you to the core perspectives and theories applicable to human behaviour (including nature and nurture debate). Subsequent sessions will focus on how we make sense of the world by exploring “individual differences” in human behaviour and applying psychological principals to understanding everyday life.

This course is about individuality, exploring how humans differ psychologically from one another and what these differences tell us about our shared human nature (Banyard et al, 2013).

Presentation of the course:

A range of interactive seminar-style sessions will be incorporated throughout the course. The course will draw on the expertise and experience of participants in order to foster open discussion and debate (and begin critical analysis). Students will have access to a range of resources used in the course, this will include copies of Powerpoint slides, key readings and student led group work outputs.

As a result of the course, within the constraints of the time available, students should be able to:

1. Define and explain a range of psychological perspectives, concepts and methods applicable to human behaviour
2. To explore and describe the strengths and limitations of a range of explanations for individual differences in human behaviour and how they differentially impact on everyday human behaviour

Reading and resources list

Listed below are texts that might be of interest should you wish to supplement your learning on the course. Any essential reading is marked with an asterisk *

Author	Title	Publisher and date
Banyard, P., Dillon, G., Norman, C. & Winder, B. (ed.)	<i>Essential Psychology</i> (2 nd ed.)	London: SAGE. (2016)
Haslam, N., Smillie, L. & Song, J.	An Introduction to Personality, Individual Differences and Intelligence	London: SAGE. (2013)

Website addresses

Additional information

Venue

Details of how to find Madingley Hall can be found on our website:
<http://www.ice.cam.ac.uk/who-we-are/how-to-find-the-institute>

Refreshments

Tea and coffee and lunch will be provided. If you have any specific dietary requirements or allergies and have not already advised us, please inform our Admissions Team on ice.admissions@ice.cam.ac.uk or +44 (0)1223 746262.

Note Students of the Institute of Continuing Education are entitled to 20% discount on books published by Cambridge University Press (CUP) which are purchased at the Press bookshop, 1 Trinity Street, Cambridge (Mon-Sat 9am – 5:30pm, Sun 11am – 5pm). A letter or email confirming acceptance on to a current Institute course should be taken as evidence of enrolment.

Information correct as of: 04 July 2019